

# Frequently Asked Questions and Additional Information

**1. What type of accommodations are there?** Typically, the groups stay in simple, air-conditioned, small hotels (clean & comfortable). Nothing fancy, but comparable to a Days Inn or Motel 6.

**2. What are the costs for food?** Food costs are generally included in the cost of the trip. Team members are encouraged to bring their own snacks **and** some extra spending money for airport food **and** two restaurant meals on the return trip. **Tip:** Drink only purified water; do not eat anything from vendors.

**3. What vaccinations are needed?** Vaccinations are not necessary for India. We do recommend that you check with your city Health Department and they can instruct you accordingly. **A Tetanus shot is highly recommended.** These shots usually cost under \$100.00

Helpful information:

- ▶ Travel Health Online – [www.tripprep.com](http://www.tripprep.com)
- ▶ U.S. Department of State – [www.travel.state.gov](http://www.travel.state.gov)
- ▶ Centers for Disease Control and Prevention – [www.cdc.gov/travel](http://www.cdc.gov/travel)
- ▶ World Health Organization – [www.who.org](http://www.who.org)

**4. How should we pack and what should we wear?** Pack as light as possible since you may be carrying your own suitcases through airports and railway stations. Wheeled suitcases are the best. See the packing list for details.

**5. How much is the trip?** Most trips will start at about **\$2500.00** but could vary depending on the airfare, location and length of trip. This cost covers room, all meals and travel. A **deposit of \$1500.00** is necessary before tickets can be purchased. Refunds and cancellations as per our policy.

**6. Can we make phone calls to the U.S.A?** Pay phones are plentiful all during our travels with a call back to the USA costing about 15 cents per minute. Using your USA phone in India will cost you about \$2.50 per minute. Dr. Rahman will always be accessible via his cell phone along with other numbers that will be provided to you with the itinerary.

**7. How much spending money do we need?** We suggest you bring \$100.00 - \$200.00.

**8. Who will take care of our airplane reservations?** *Good News India* makes all travel arrangements.

## **OTHER:**

- Always try and remember that it's missions, so be prepared for anything, such as unexpected delays and/or stops.
- Always wear your boots or closed toe shoes.
- Do not wear perfumes/colognes. Try to bring shampoos and deodorant with no fragrance.
- Mosquitoes love fragrances.
- Make sure your insect repellent contains DEET.
- Spray clothing and luggage inside and out with *Repel Permanone Insect Repellent*. *This is an odorless insect repellent (tick, mosquito, chiggers and biting flies) protection for clothing, tents, nets, and gear. (It is not recommended for skin application)*
- Wash your hands often. Use hand sanitizer such as Purell.
- If you feel sick, notify your Team Leader immediately.
- You **MUST** have your passport if traveling outside the USA. (Make a photocopy of your passport and drivers license, carrying copies with you at all times; you'll be required to leave your actual passport at each hotel you stay in, to be picked up as you leave.)